



Stacey Chazin, MPH, MSODL



About Stacey

Stacey Chazin, a dynamic leadership development coach and proud introvert, is rewriting the narrative on introversion. Having grappled with societal expectations that favored extraversion, Stacey underwent a remarkable transformation. Instead of conforming to societal pressures, she embraced her introverted qualities, turning them into powerful assets that allowed her to thrive both professionally and personally. Now, as a fervent advocate for introverts, Stacey draws on her extensive corporate and non-profit experience, a master's in organizational development and leadership, and certification as a Myers-Briggs Type Indicator® (MBTI®) practitioner to empower introverts, guiding to recognize their introverted strengths and use those gifts to succeed and receive the recognition they deserve in the workplace.

Media-Ready Questions

- What is I-Factor Leadership?
- Why is I-Factor Leadership so important now?
- Why do introverts make great leaders?
- What challenges do introverts often face in the workplace?
- What are some effective strategies for introverts to increase their effectiveness, move up the corporate ladder, and receive the recognition they deserve at work?
- What advice do you have for other introverts?
- In what situations and environments do introverts often shine and thrive?
- What is a trap for introverts?
- What do introverts need to know about themselves?
- How can introverts let their extraverted colleagues know what they need to be most effective at work?
- Why is this important in the world of business today?
- Why is this work important to you?
- What inspired you to launch this project?
- What behaviors and beliefs sabotage introverts' success at work?
- What is the appreciative coaching framework that underlies I-Factor Leadership?

Introduction for Hosts

Stacey Chazin is ready to help introverts step into their desired leadership roles. Her I-Factor Leadership program is based on an integrated coaching framework that uses a positive, appreciative lens to identify the core strengths and gifts of introverted professionals. This approach gives individuals the skills to own their personal power and transform their careers. Stacey, thanks for joining me.

Connect with Stacey

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